

Think in Ink

Manifest through emotions!

Unleash the power of writing.

by Dr. Brian Dunican





Lion v/s Gazelle Mentality



Unlock Your Potential

Emotional Energy

The secret fuel for
manifestation.

Harnessing Emotions

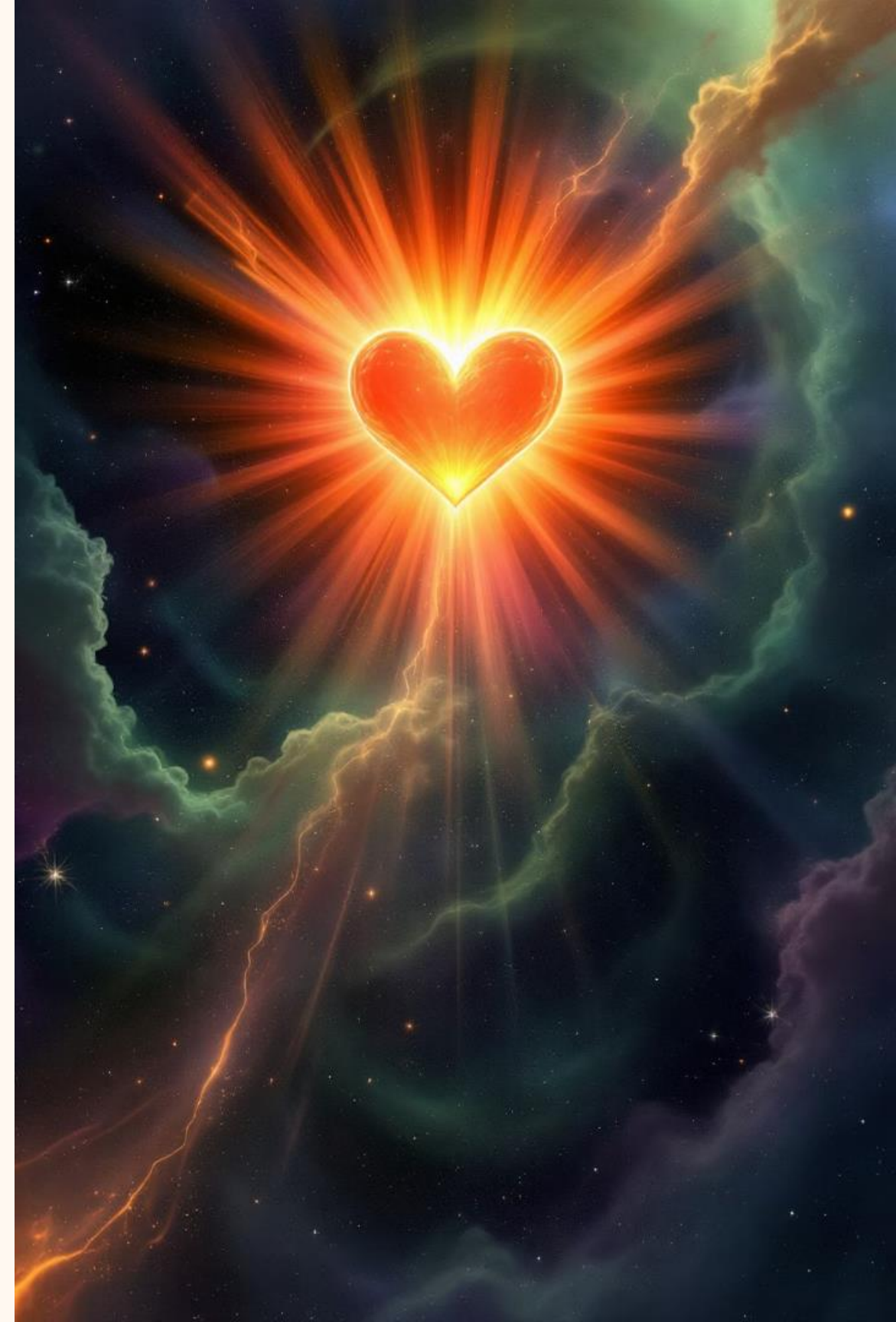
Unlocking the power of writing
and emotions.

Manifest Your Dreams

Transform your aspirations into reality.

Emotional Energy

Amplify your intentions. **“Don’t judge yourself by who you were when things came easily. Judge yourself by who you became when things got tough. Never, ever quit.”** ~Fawn Germer



Writing: A Transformative Tool



Clarity and Focus

Externalize your thoughts, gain control.



Make Dreams Visible

Ink unlocks the power of imagination.



The Science of Emotional Writing

Emotional writing activates regions of the brain

Responsible for processing feelings, memories, and goals

Neuroplasticity

Brain adapts to repeated activities

Dr. Joe Dispenza and the Hebbian Principle

“Cells that fire together, wire together”

-Dr. Donald Hebb -1949

Writing about emotions strengthens these neural pathways.

This can lead to heightened emotional intelligence and self-awareness.

Emotional Energy in Manifestation

Align Your Energy

Thoughts create feelings.

Feelings create actions.

Actions create results.

Results reflect emotions.

Emotions are thought energies.

Energies are thoughts?

Thoughts create feelings.



Daily Practices

Gratitude journaling.

Affirmations of abundance.

Visualize your goals.

Feel your goals.

Use your 5 or 6 senses.

Embrace the present moment.

Be your authentic self

Counting to a Million

Simple Math

Divide \$1 million by \$100.

The Result

10,000 \$100 bills make \$1 million.
million.

Visual Impact

How tall is a stack of \$100 bills that would equal to \$1 million?



Stacking \$10,000

1

Bill Count

100 \$100 bills make \$10,000.

2

Bill Thickness

Each bill is 0.0043 inches thick.

("Each bill is four-thousandths of an inch thick.")

3

Stack Height

\$10,000 stack measures 0.43 inches tall.





A Million Dollar Stack

Number of Bills	10,000
Bill Thickness	0.0043 inches
Total Height	43 inches
In Feet	3 feet 7 inches



The Cost of Printing \$1 Million in \$100 bills

1

Per Bill Cost

Each \$100 bill costs 14.3 cents to produce.

2

Calculation

Multiply 10,000 bills by 14.3 cents.

3

Total Cost

\$1,430 to print \$1 million in \$100 bills.



Anatomy of a \$100 Bill



Special Paper

75% cotton
durability



Links

anti-counterfeit
ed.



Security Features

Watermarks, threads, and
microprinting protect against forgery.
forgery.

labor and high-end machinery
machinery ensure quality.

14.3 Cents

Million Dollar Takeaways

1 Bill Count

10,000 \$100 bills equal \$1 million.

3 Physical Size

\$1 million stack reaches 3 feet 7 feet 7 inches.

2 Production Cost

\$1,430 to print \$1 million in \$100s.

4 Visual Impact

Surprising scale of wealth in physical form.



Exercise: Think in Ink

1

Goal Setting

Write down a goal.

2

Emotional Pairing

Connect with an emotion.

3

Sharing and Reflection

Share your goal and emotion.

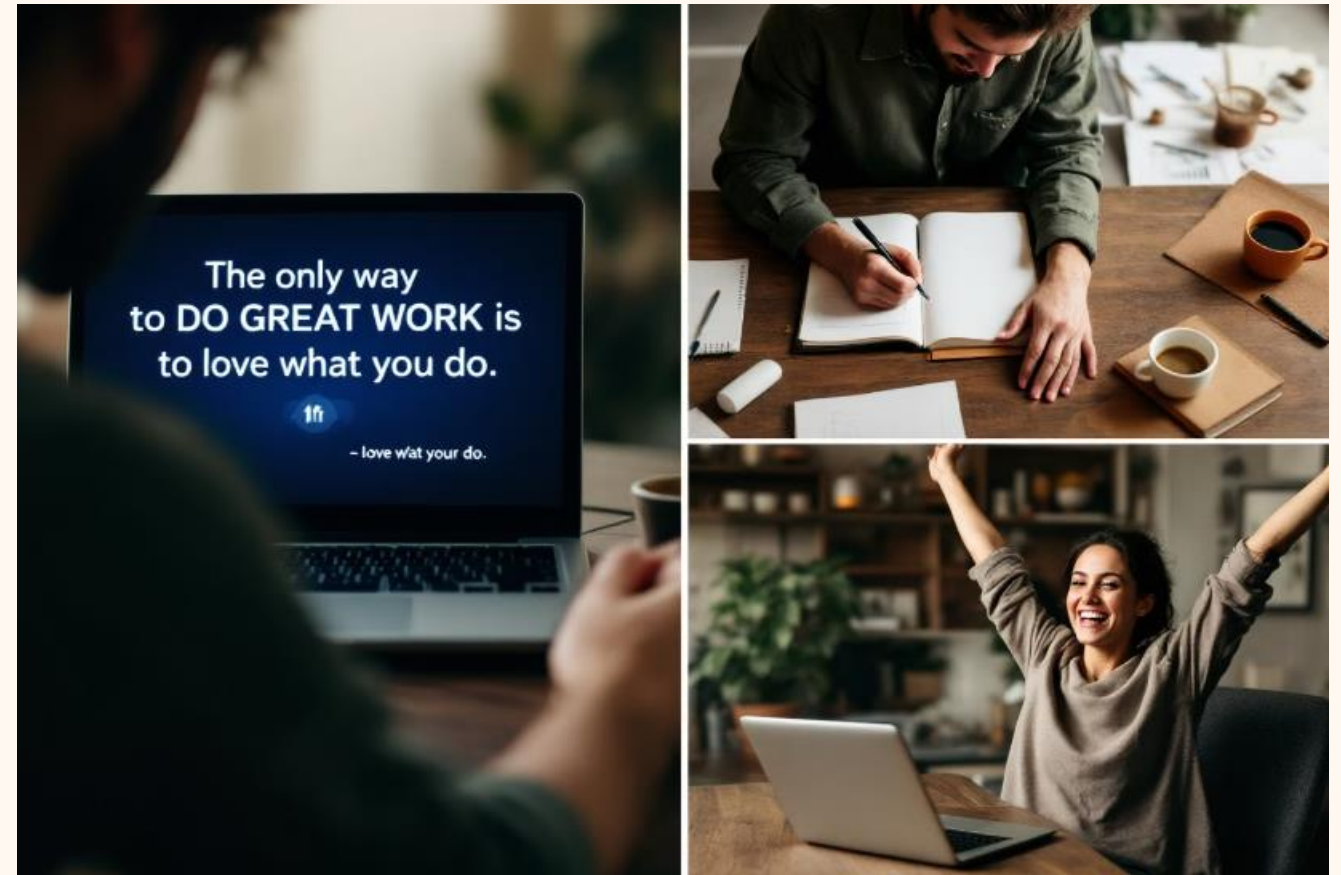


Success Stories

Transformative Power of Writing

Witness how writing unlocked dreams.

From goal to manifestation.



Overcoming Emotional Barriers



Doubt

Inner critic holds you back.



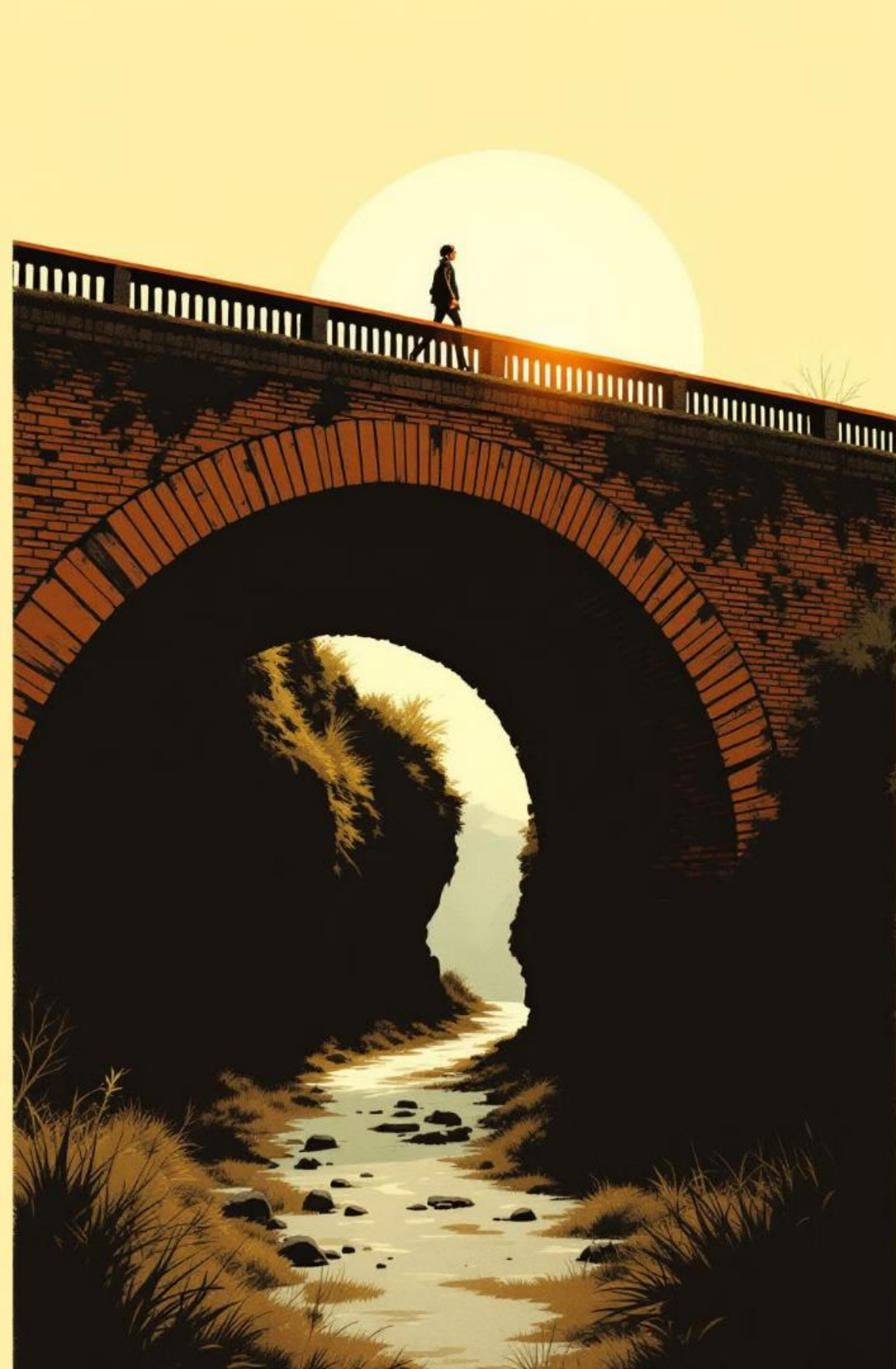
Fear

Hesitation, anxiety, worry.



Negativity

Limits your potential.





Daily Practices



Consistency is Key

Sustained effort leads to results.



Track Your Emotions

Monitor shifts and patterns.



Morning Ritual

Start the day with intention.



Gratitude Lists

Focus on positive experiences.

The "Manifestation Masterpiece" Framework



1

Write

Express your desire in detail.

2

Feel

Embrace the feeling of already having it.

3

Believe

Trust in your ability to manifest.

4

Receive

Open yourself to the arrival of your desires.

Ready to Write Your Story?

Power of Emotion

Be the observer of your Emotions.

Unlock your potential.

Embrace emotional writing.

Manifest your dreams.

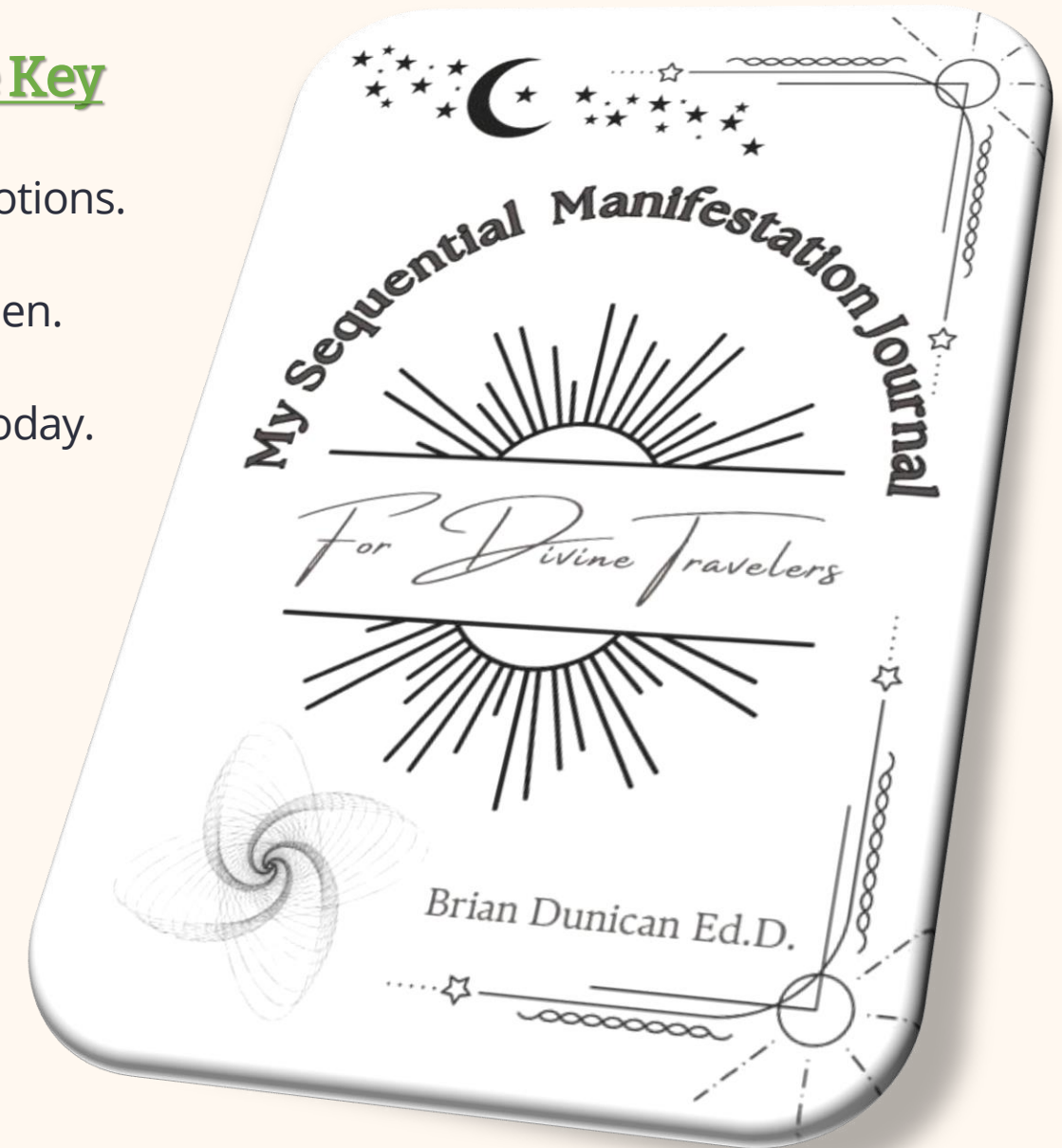


Actions are Key

Take your emotions.

Pick up your pen.

Start writing today.





Thank you



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